



Tyee Elementary School Swim League (TESSL)

Swimming is for Life

Welcome to TESSL! The Tyee coaching staff is looking forward to meeting and working with your young swimmers. Tyee Assistant Head Coach Jennika, will be coordinating TESSL class assignments and invoices. Jennika's email is admin@tyeeaquaticclub.com

Program

- Swimmers will be divided into the following groups: Jr. Wavemakers, Wavemakers, Swim Skills and Swim Club.
- Coaches will be assessing swimmers on the first day of classes to make sure swimmers are in the appropriate level.
- Each session there will be a 'Just Keep Swimming' meet at Crystal Pool for all the schools in the TESSL program. This is a great chance for swimmers to gain confidence and experience racing!
- Generally we do not have classes on Pro D days or stat holidays.

Fees

Lesson fees are based on the number of weeks your school attends classes:

2016/2017	#weeks>>	6	7	8	9	10	11	12	13
TESSL	Junior Wavemakers	\$56	\$65	\$74	\$83	\$93	\$102	\$111	\$124
	Wavemakers	\$49	\$59	\$67	\$75	\$83	\$92	\$100	\$109
	Swim Skills	\$44	\$52	\$59	\$67	\$74	\$82	\$89	\$96
	Swim Club	\$41	\$45	\$52	\$58	\$65	\$71	\$77	\$84

Invoicing

In the first three weeks we expect to:

- Place swimmers into appropriate classes.
- Create preliminary class attendance lists.
- By week 4 we should have the class lists finalized and Jennika will create an invoice for each family.
- Cheques are payable to **Tyee Aquatic Club**.

Swimmers who join school programs who are already members of Tyee Aquatic Club will not be charged TESSL fees.



Learning Groups

The following are general guidelines for group placement. All final decisions on group placement will be made by Tyee coaching staff.

Junior Wavemaker: Minimum age 3. Swimmers must be able to submerge head underwater. Classes are limited to 6 swimmers/coach.

Wavemaker: Swimmers must be able to retrieve object from a 1.5m depth and 3m distance and be comfortable flutter kicking on their back. Classes are limited to 9 swimmers/coach.

Swim Skills: Swimmers need to swim with consistent technique for 50m, swim up to 10m underwater, and use dolphin and flutter kick for propulsion. Classes are limited to 15 swimmers/coach.

Swim Club: Swimmers can swim freestyle and backstroke for 100m and use dolphin kick and whip kick for propulsion. Classes are limited to 15 swimmers/coach.

If you are interested in TESSL please fill out the registration form! Forms can be emailed to admin@tyeeaquaticclub.com, or handed in on your first class to Jennika.

Tyee Aquatic Club – 2275 Quadra St. Victoria BC V8T 4C4

www.tyeeaquaticclub.com